

MODULE #1:

Affirmations

THAT WILL CHANGE

your life!

.Me.
SCHOOL™

AFFIRMATIONS : MODULE #1

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Affirmations That Will Change Your Life

Positive affirmations for success can give us the right attitude as you journey through to your purpose in life.

Commit to saying and using the following affirmations to your advantage.

My body is healthy; my mind is brilliant; my soul is tranquil.

A healthy body starts with a healthy mind and soul. If either suffers from negative emotions, the others will be affected. Conquer your illness and defeat it steadily each day.

“She sets about her work vigorously; her arms are strong for her tasks.” Proverbs 31:17

I believe I can do anything.

You need to say this to yourself every day so that you remain encouraged. By saying this, you are able to do anything and everything that you put your mind to.

“I can do all things through Christ who strengthens me.” Philippians 4:13

Everything that is happening now is happening for my ultimate good.

There are no victims, no accidents and no coincidences EVER. Everything that happens in the physical has happened in the spiritual. The invisible creates the visible. Everything happens for a reason and in perfect synchronicity.

***“Many are the plans in the mind of a man, but it is the purpose of the Lord that will stand.”
Proverbs 19:21***

I am the architect of my life; I built its foundation and choose its contents.

Every new day offers a fresh start and also makes an impact on others around you. You are the driver of your life. You are in control and whatever you ask for you shall receive.

“For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.” Jeremiah 29:11

I forgive those who have harmed me in my past and peacefully detach from them.

Your strength to forgive is what allows you to move forward and your reaction to any experience is independent of what others think of you. That doesn't mean you forget what they did, be at peace with what they did and the lessons served.

“Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.” Ephesians 4:32

**My ability to conquer my challenges
is limitless; my potential to succeed
is infinite. I have no boundaries.**

Plain and simple, you have no limits but those you
place on yourself. What kind of life do you want?
What is stopping you? What barriers are you
imposing on yourself?

***"For with God nothing shall be impossible."
Luke 1:37***

**Old habits and take up new
positive ones.**

Realize that any difficult time is only a short phase of
life. This too shall pass along with your old habits as
you take in the new. You have energy which surges
through you and leads you to new and brilliant ideas
and the mindset that allows that energy to flow.

***"Therefore, if anyone is in Christ, the new creation
has come: The old has gone, the new is here!"
2 Corinthians 5:17***

“I AM VALUABLE”

“I AM ABUNDANT”

“I AM POWERFUL”

“I AM OPTIMISTIC”

“I AM MAGNIFICENT”

“I AM SUCCESSFUL”

“I AM PROSPEROUS”

“I AM COURAGEOUS”

**“I AM ON MY PATH
TO PURPOSE”**

I can achieve greatness.

You can and you will achieve all the greatness in life. It is already written. Focus on your vision and dreams. Then attach emotion to that vision. Feel it and act so that you can produce results. This will give you the power to create the life you desire.

“You will increase my greatness and comfort me again.” Psalm 71:21

Today, I am brimming with energy and overflowing with joy.

Joy starts from within, not from outside of yourself. It also starts as soon as you rise.

“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.” Romans 15:13

I love and accept myself for who I am.

Self love is meant to be the purest and the highest form of love. When you love yourself, you automatically start appreciating and respecting yourself.

If you believe in yourself and have confidence and pride in what you do, you will begin to see yourself in a new light. As your love unfolds and you begin to see that you were born to win, your soul will be encouraged and inspired to do bigger and better things along your path to your purpose.

“We love because he first loved us.” 1 John 4:19

Reflection: Here are two more affirmations that I commit to saying twice a day, to myself and out loud.

1.

2.